

**No one deserves to be battered.  
You have the right to be safe.**

**Things you can do to increase  
your safety:**

- **Tell others you trust**
- **Memorize emergency numbers**
- **Identify escape routes and places to go**
- **Talk with your children about what they should do if a violent incident occurs or if they are afraid**
- **Put together an emergency bag**
- **Trust your instincts**

## **Other Community Numbers You Need to Know!**

### **Caminar Latino**

404-651-1375

Focusing on Latino Communities

### **Raksha**

404-842-0725

Focusing on South Asian Communities

### **Shalom Bayit/Jewish Family & Career Services**

770-677-9322/9349

Focusing on Jewish Communities

### **Refugee Family Violence Project / Refugee Family Services**

404-299-6217

Focusing on battered refugee women

### **Tapestri**

1-866-562-2873

Focusing on immigrant and  
refugee populations

## **Does Your Partner Ever...**

- Hit, kick, shove, or injure you?
- Use weapons/objects against you or threaten you?
- Force or coerce you to engage in unwanted sexual acts?
- Threaten to hurt you or others, have you deported, disclose your sexual orientation, or other personal information?
- Steal or destroy your belongings?
- Constantly criticize you, call you names, or put you down?
- Deny your basic needs such as food, clothing, housing, or medical and physical assistance?
- Control what you do and who you want to see?
- Make you feel afraid?

If you answered “yes” to any of the questions, you may be a victim of domestic violence.

**Domestic violence is a serious problem that can happen to anyone.**

Without help, domestic violence often gets worse over time. It can sometimes become deadly.

If you feel you are a victim of domestic violence **YOU HAVE OPTIONS!**

**You Can:**

**A) CONTACT A SHELTER IN YOUR COMMUNITY**

**1-800-33-HAVEN**  
V/TTY (24hrs/day)

Shelters respond 24 hours a day. They provide a safe place to stay, advocacy, emotional support, referrals to other social services, and information on victim's rights. All services are free and confidential.

Additional information about finding domestic violence services can be found on the back of this card.

**B) TURN TO YOUR COMMUNITY**

Friends, family, women's and community groups, places of worship and service providers can provide a variety of resources, support and assistance.

**C) ACCESS LEGAL OPTIONS**

**Criminal Charges.** You can report any threats and injuries to the police.

**Protective Orders.** Even if you don't want to press criminal charges, you can file a civil court order that directs your partner to stay away from you.